

		Half Term 1
Intent	What are we building on	We will be building upon the basic understanding of relationships and how to conduct ourselves within our personal relationships both in person and online.
	Overarching theme	<p>Healthy Relationships</p> <p>We will be covering topics which explore what it means to have healthy and fulfilling relationships. There will be examples of various relationships illustrated in order to distinguish the difference between healthy and unhealthy relationships and how some aspects of judgement on this can be subjective.. This will encourage pupils to engage with views, beliefs and opinions that are different from their own.</p>
Implementation	What are we teaching?	<p>Lesson 1: My Own Values - I will be able to identify the features of a healthy and unhealthy relationship, gaining an understanding of whether a relationship is safe based on how people may behave towards each other.</p>
		<p>Lesson 2: Healthy Relationships In Person - I will explore ways of managing conflict in a healthy way, with an understanding of why particular types of behaviour can cause conflict. The lesson will help me to approach conflict with constructive and productive responses.</p>
		<p>Lesson 3: Intimidation and Harassment 1 - I will be introduced to the notion of consent and the surrounding issues of sexual harrassment and sexual violence. This lesson will define and explain the law around sexual violence and harrassment and allow me to reflect on my own personal experiences and behavior towards others.</p>
		<p>Lesson 4: Intimidation and Harassment 2 - I will engage with a range of scenarios which illustrate issues around intimidation/harassment/bullying, as well as reinforcing the significance of factors such as age and peer influence within relationships.</p>
		<p>Lesson 5: Healthy Relationships Online - I will analyse a number of case studies about online communication styles and responses in order to be able to make informed judgements</p>
		<p>Lesson 6: Domestic Abuse - I will understand that domestic abuse encompasses physical violence but can also be emotional, controlling or coercive, and economic abuse.</p>
	What comes next?	Mental Health and Wellbeing
Impact	How will this be assessed?	<p>In class AFL through:</p> <ul style="list-style-type: none"> - Questioning - Oracy tasks/discussion - Self assessment where there are worksheets and class run through

Half Term 2

Intent	What are we building on?	Students should now have an understanding of how they interpret and interact within relationships and with other people. This half term draws the focus back to the individual.
	Overarching theme	<p>Mental Health & Wellbeing - My Identity</p> <p>This half term is centred around enhancing pupils’ spiritual, moral, social and cultural development through topics which encourage more self reflection as well as considering the position of others who all live in modern Britain. Students will understand the importance of mutual respect and individual liberty as British values, which celebrates difference and encourages tolerance in society. Personal identity is highlighted as students identify and explore their personal beliefs as well as considering the beliefs of other members in society.</p>
Implementation	What are we teaching?	Lesson 1: Anxiety - I will be able to identify triggers for anxiety as well as the suggested strategies for coping with it. We will discuss the physical and emotional responses to anxiety and address the stigma associated with talking about the topic of anxiety and mental health.
		Lesson 2: Gender Stereotypes 1 - I will be introduced to the concept of stereotyping and how prejudice can impact the thoughts and feelings of individuals.
		Lesson 3: Gender Stereotypes 2 - I will examine how gender stereotypes exist and are reinforced through examples within the media, including adverts. I will also discuss why it is important to challenge gender stereotypes in everyday life.
		Lesson 4: Sexual Identity/Homophobia - I will understand the meaning of the LGBTQIA+ and discuss the implications of using negative language relating to sexuality.
		Lesson 5: Healthy Relationships Online - I will analyse a number of case studies about online communication styles and responses in order to be able to make informed judgements
		Lesson 6: Forced Marriage - I will be able to define what forced marriage is and understand that it is different to the concept of an arranged marriage. I will also know the legal age of marriage in the UK.
	What comes next?	Keeping Safe - influences and pressure
Impact	How will this be assessed?	<p>In class AFL through:</p> <ul style="list-style-type: none"> - Questioning - Oracy tasks/discussion - Self assessment where there are worksheets and class run through

Half Term 3

Intent	What are we building on?	Students will have explored relationships and factors which contribute towards their sense of self. We will build on this by exploring common pressures and influences that could compromise a sense of self, highlighting relationships again.
	Overarching theme	<p>Keeping Safe -Influence and pressure</p> <p>There will be important elements of the law underlined, particularly around sexual exploitation as students will gain an understanding into the significance of their age and the law within relationships. The overarching purpose of these topics will be to equip students to be responsible, respectful and active citizens who can challenge extremism appropriately, and make decisions for themselves.</p>
Implementation	What are we teaching?	Lesson 1: Persuasion and Influence - I will be encouraged to reflect on the different ways people are influenced in modern life such as through the media and relationships. I will differentiate between facts and opinions and understand how these may persuade us in different situations.
		Lesson 2: Extremism - I will be able to define the word 'extremism' and understand that extremism is not simply associated with religion, but there are other forms of extremism.
		Lesson 3: Challenging Extremism - I will understand that challenging extremist views is an important part of being a good citizen, and I will be given examples of appropriate ways to challenge these.
		Lesson 4: Sexual Exploitation 1 - Using a resource from CEOP I will be watching a short film which illustrates the significance of age within teenage friendships and romantic relationships.
		Lesson 5: Sexual Exploitation 2 - This will be a continuation of the previous lesson, with in depth discussions around scenarios shown in the film, and I will know where to seek help and advice about sexual exploitation.
	Lesson 6:	
	What comes next?	Health and wellbeing - keeping yourself healthy
Impact	How will this be assessed?	<p>In class AFL through:</p> <ul style="list-style-type: none"> - Questioning - Oracy tasks/discussion - Self assessment where there are worksheets and class run through

Half Term 4

Intent	What are we building on?	We will be building upon the student's sense of self and the wider world, focusing on general health and well being.
	Overarching theme	<p>Health and Wellbeing - Keeping yourself healthy</p> <p>This topic area is designed to ensure that students will understand how to maintain a healthy lifestyle, as well as exposing them to various health risks. They will also be informed about stem cell and blood donation opportunities as a way to be active members in society.</p>
Implementation	What are we teaching?	Lesson 1: Accessing health services and vaccinations - I will understand the importance of vaccinations and how they create immunity in order to maintain a safe
		Lesson 2: Donating stem cells and blood - I will be able to understand what the purposes of stem cell and blood donations are and how they can be life saving to many. I will also gain a brief understanding of how to donate blood/stem cells when I am of the right age.
		Lesson 3: Understanding Health Risks - I will understand the importance of holistic health and how choices and lifestyles can increase or decrease the risk of poor health.
		Lesson 4: Drugs - I will identify the common types of drugs and understand the dangers of using drugs.
		Lesson 5:
	Lesson 6:	
What comes next?	Sexual Health and Relationships	
Impact	How will this be assessed?	<p>In class AFL through:</p> <ul style="list-style-type: none"> - Questioning - Oracy tasks/discussion - Self assessment where there are worksheets and class run through

Half Term 5

Intent	What are we building on?	Students will have a basic understanding of health and wellbeing, we will build on the notion of what it means to look after one's self, with more specific focus on sexual health.
	Overarching theme	<p>Sexual Health and Relationships</p> <p>This unit will introduce basic and relevant sexual terminology, highlighting how the different sexually transmitted infections (STIs), including HIV and AIDs, are transmitted, how risk can be reduced through safer sex (including through condom use) and the importance of and facts about testing. Students will gain an understanding about the prevalence of some STIs, the impact they can have on those who contract them and key facts about treatment.</p>
Implementation	What are we teaching?	Lesson 1: Sex Terminology - I will explore the key terminology around sex including key concepts around the anatomy and reinforcing the notion of consent.
		Lesson 2: Sex Terminology 2 - I will continue to explore key sex terminology through understanding the myths and facts that are associated with sex.
		Lesson 3: Sex Blockbusters - I will explore common concepts around sex, sexuality, contraception and STIs through the form of a Blockbusters style game.
		Lesson 4: Biology of Sex - I will be able to label the male and female sexual anatomy, identifying the key organs and understanding the process of reproduction.
		Lesson 5: Sexually Transmitted Infections - what are they? - I will be introduced to the common sexually transmitted infections and how they can present in the body.
		Lesson 6: Sexually Transmitted Infections - How can we treat and test for them? - I will know where my nearest sexual health services area and will be aware of options such as home testing.
	What comes next?	Sexual Health and Relationships Continued
Impact	How will this be assessed?	<p>In class AFL through:</p> <ul style="list-style-type: none"> - Questioning - Oracy tasks/discussion - Self assessment where there are worksheets and class run through

Half Term 6

Intent	What are we building on?	This unit builds on the understanding of sexual activity and relationships, in addition to the options and choices surrounding sex and relationships.
	Overarching theme	<p>Sexual Health and Relationships Continued</p> <p>Pupils will understand that they have a choice to delay sex if they wish to, and how to maintain healthy boundaries in sexual relationships. We will also explore the facts around pregnancy including miscarriage and emphasise that there are choices in relation to pregnancy (including abortion/adoption). Students will also touch on the roles and responsibilities of parents with respect to raising of children, including the characteristics of successful parenting.</p>
Implementation	What are we teaching?	<p>Lesson 1: <u>Consent</u> - I will understand the concept of consent as giving permission and how this is imperative particularly in sexual relationships. The legal age of consent will be reinforced.</p>
		<p>Lesson 2: <u>Pregnancy, abortion</u> - I will learn about signs of pregnancy, as well as how pregnancy works. I will also understand abortion and choices surrounding pregnancy.</p>
		<p>Lesson 3: <u>Family types and choices/Children</u> - I will explore the different types of family structures and the different choices around having children.</p>
		<p>Lesson 4: <u>The law around Nudes</u> - I will discuss the consequences behind sending and receiving nude images as well as understanding the law around the impact of a person's age in possession of nude images.</p>
		<p>Lesson 5: N/A Work Experience Week</p>
		<p>Lesson 6: N/A Exam Feedback Week</p>
	What comes next?	Year 11 - Careers and Finances
Impact	How will this be assessed?	<p>In class AFL through:</p> <ul style="list-style-type: none"> - Questioning - Oracy tasks/discussion - Self assessment where there are worksheets and class run through